

NEWSLETTER



July 2018

This season is galloping along at its usual hectic pace with Club and BSI tournaments and events happening almost every day. Results of tournaments are posted on our website so they will not be listed in this edition of the newsletter. Congratulations to all the winners so far and good luck to everyone who is competing in local and Provincial competitions!

Gordon Head celebrated Canada Day in the traditional manner, as described by Mary Forster on page 2 with snapshots of the event on the last page.

Enjoy the rest of our summer!



G  **O**  **D** **B**  **W** **L** **I** **N** **G** **!**

**CELEBRATING
OUR DIVERSITY
ON CANADA DAY**



If your original country's flag was inadvertently left out, please let Mary Forster know and you'll be included in next year's issue.



See last page for snapshots and check out our website for more photos.

From far and wide, O Canada ... indeed! Members of our club hailed from many continents to settle in this beautiful country and on July 1, it's momentous to celebrate such diversity in allegiance.

Many members came out in full force, attired in red and white, to celebrate Canada's 151st birthday. We also celebrated Bob Morrison's birthday. Every year, he plays the bugle on this occasion.

The event started with a group photo followed by singing of our country's anthem. Then it was time for the *Spider* except that it had mysteriously vanished (please contact Annie if anyone captures it). A big tennis ball replaced it in the centre of the green. Bowlers waited around the edges of the green and on command, delivered one bowl each towards the centre. The bowl that came closest to the gizmo belonged to Pat Morrison who won a bottle of wine. What a sight ... it was like someone spilled many packets of M&Ms on the green.

Corner to Corner, a fun game Annie learned from the Kiwis, was the next contest enjoyed by many of our members. The ladies kicked off the contest with great zeal. Each bowler rolled a bowl from one corner of the green to other. The bowl that arrived closest to the corner and stayed on the green would be declared the winner. The winners, who took home a bottle of wine each, were: Mary Forster (ladies' section), and Fred Schemetz (men's section).

Our green was filled with a sea of red and white! As we had a good turnout, Fours had to be played so everyone could have some fun with only two bowls each. It was a one 10-end game, finished in time for the BBQ dinner. The spread was amazing, thanks to all who helped in the preparation. Everyone had a great time and couldn't wait for the next birthday bash!

COACH'S CORNER

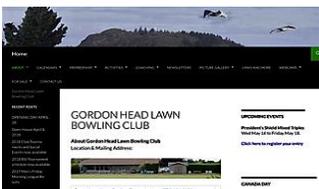


A “Lead Clinic” was held in June and attended by six members, all our novices and two more people who wanted to refresh their skills. The participants learned how to perform the duties of the lead as well as learning to play Lead in a pairs game, when the Lead is also the Vice. Hopefully all the expert Leads will continue their good practices!

A few hints for general bowling - a.k.a. getting rid of bad habits!

1. When changing position with the Skip, walk down the green and around the Head. Keep moving to the end and do not stop in the Head to discuss the bowls.
2. Do not hold your bowl behind your back while waiting to play. The bowls must be in plain view all the time. If the Vices do not see the bowl they may disturb the Head by starting to count the score because they think all the bowls have been played.
3. Towels should not be thrown onto the bowls behind the mat. They can be placed on the green behind the bowls. This is as much for safety as respect for other people, who may not want a wet cloth on their bowls.
4. Always exit the mat to the left and walk around behind your opponent who should be ready to deliver.

SIGNING UP FOR TOURNAMENTS ON OUR WEBSITE



Since our new online registration system was introduced, many members have elected to use this method of signing up for Club tournaments. However, some do sign up on the bulletin board as well, which causes confusion when it comes to figuring out the number of entrants. If you sign up on line, you do not need to sign up on the board.



- **Saturday, August 4 @ 5:30 pm**
SALMON BARBECUE
- **Friday, August 17 @ 1:00 pm**
NORM STORY SKILLS
- **Thursday & Friday Sept 13 & 14 @ 1:00 pm**
WARING QUADDIE
- **Saturday, September 15 @ 5:30 pm**
CHICKEN BARBECUE

SUNSHINE REPORT



Many of you have been asking about our dear friend, Bill Ward. So, straight from the horse's mouth ... Bill had some numbness in his left hand which travelled down his left side, mainly in the joints. He had the symptoms of a stroke, but not a stroke. He has still some numbness in his left hand and elbow. He is feeling much better and has recently been seen on the green. To reassure everyone that he is still hale and hearty, he will make an appearance in public soon.



Regarding another dear friend, Elaine Ratcliffe, who recently had heart surgery ... Elaine is doing well with regular help at home. She is taking regular exercise and progressing nicely. Sadly, Richard is not doing as well. He recently had another fall and is now in hospital, where he will remain for an indeterminate length of time. Our best wishes go out to Elaine and Richard and we look forward to seeing Elaine back at the Club for a visit when she is sufficiently recovered.

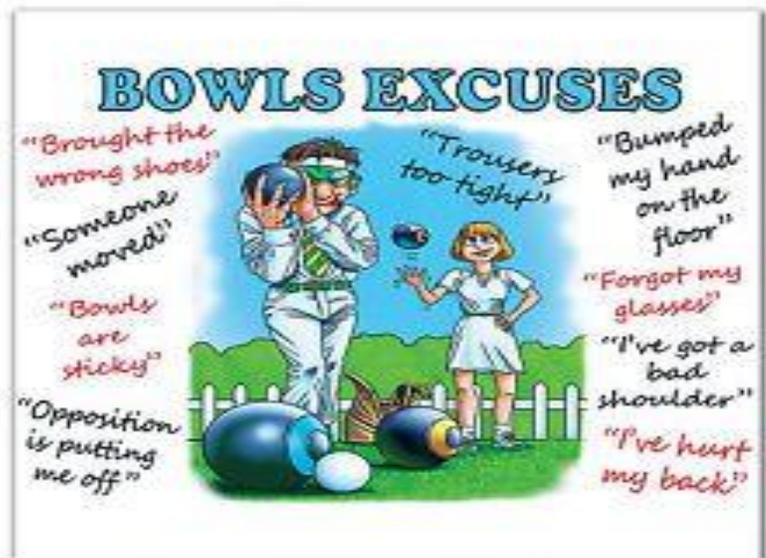
WARNING: ANOTHER KIND OF SUNSHINE NEWS



Summer is well on its way. The days are getting hotter. Reduce heat risks associated with playing outdoors by:

- Staying hydrated; drinking water or sports drinks with electrolytes; avoiding caffeinated drinks and alcohol.
- Sipping water/sports drink throughout the game.
- Using cooling aids such as damp neck cloth. Loose fitting clothing is also beneficial.
- Wearing a hat. Keeping in the shade if possible.
- Using sunglasses, and a high UV sunscreen on all exposed areas of the skin.

... the last end



Canada Day Snapshots On Next Page

CANADA DAY SNAPSHOTS



Check out our website for more photos.